## **Chalice Circles**

Chalice Circles are smaller groups of people within the congregation who come together regularly with a facilitator to explore personal spiritual journeys.

Chalice Circles are a chance for members to connect with each other in a safe and loving environment. Members of First UU's Chalice Circles have come to rely on each other for support and help each other to feel more spiritually rewarded.

Meetings are focused around a weekly topic. Members practice listening to each other as well as share based on the topic. In general, First UU's Chalice Circles include: a Chalice lighting and opening words, a brief checkin, a reading, a time for topic-based sharing, a check-out which sometimes includes likes and dislikes, a closing reading and extinguishing of the chalice.

There is always an empty chair to welcome new members!

## We currently have 4 active Chalice Circles:

## **Pagan Chalice Circle**

2<sup>nd</sup> Wednesday of each month at 7:00-9:00 pm

Contact: Kaaren Remley Phone: 607-279-3644 Email: kaaren.kaaren@gmail.com

**Wednesday Chalice Circle** 

1st & 3rd Wednesday of each month at 1:30 pm

Contact: Peggy Flanders Phone: 315-254-4660 Email: pegflanders@twcny.rr.com

**Soul Matters Chalice Circle** 

Third Monday of each month at 6:30 pm

Contact: Paul Barfoot Phone: 315-882-3050 Email: pbarfoot@syr.edu

**Social Justice Chalice Circle** 

4th Sunday of each month at 12:00 pm

Contact: INACTIVE Phone: INACTIVE Email: INACTIVE

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